

K. K. Wagh Institute of Engineering Education & Research, Nashik

Department: Electronics & Telecommunication

Report on expert lecture on Emotional engineering

Department of Electronics & Telecommunication in collaboration with IETE Organized Workshop On “EMOTIONAL ENGINEERING” By

1. Yogesh Phadtare

On 16th March 2022 from 1:30 PM to 3.00PM

Number of participants : 60

Expert lecture started with a warm welcome of our guest and students of E&TC department; proceeding further Mr. Yogesh Phadtare started the lecture on the note of theory of emotion and the physiological changes taking place in the body from a perspective of emotions. The parts of the brain dealing with the emotions were brought up. The speaker majorly focused on peak frontal cortex and the limbic system which gives rise to emotion.

The succeeding slide discussed the reason why emotions should not overpower you, but there should be a balance between everything. The basic two types of economies consisting of industrial economy and knowledge economy were discussed. The fact that collaboration is always better than competing was brought up.

Discussing issues of mental health, depression, anxiety and ADHD were brought up. Emotional intelligence which consists of self awareness and interpersonal relation including the thesis of Daniel Goldman were narrated.

In the concluding slides the story of mindfulness was brought up by the speaker and taking illustration from the case study of Dalai Lama and Richard Davidson was narrated.

The concluding slides included the sense of fact that “engineers have emotions” and the lecture ended on a very positive note.



